



Managing Anger and Anxiety in pupils with autism

Led by Jo Clay and
Conrad Hein Hartmann
Fosse Way School Longfellow
Road, Radstock BA3 3AL
9.15am-noon

Wednesday, June 26th
Free to BANES schools and
academies, £50 to non-BANES
schools and academies



This course is open to all staff who work in schools. The course will cover:

- Understanding why pupils with autism often have high levels of anxiety.
- Understanding anger—from an autism perspective.
- Strategies to help pupils recognise their own emotions and feelings.
- Strategies to reduce anxieties.
- Strategies to reduce inappropriate behaviours.
- Strategies to increase positive behaviours.

This course scored 9 out of 10 last year
“A fantastic course delivered really well. I really enjoyed listening to Theo and Mandy—so inspirational.”



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