



Managing Anger and Anxiety in pupils with autism

Led by Jo Clay and
Conrad Hein Hartmann
Fosse Way School Longfellow
Road, Radstock BA3 3AL
9.15am-noon

Wednesday, April 24th

Free to BANES schools and
academies, £50 to non-BANES
schools and academies



This course is open to all staff who work in schools.

The course will cover:

- Understanding why pupils with autism often have high levels of anxiety.
- Understanding anger - from an autism perspective.
- Strategies to help pupils recognise their own emotions and feelings.
- Strategies to reduce anxieties.
- Strategies to reduce inappropriate behaviours.
- Strategies to increase positive behaviours.

"This has been a great insight into how children think/feel. I will definitely be using these strategies."
"Excellent subject knowledge and expertise from Jo and Conrad"